



You take care of people every day.  
Let us help take care of you.

1 in 3 adults is at risk of developing Chronic Kidney Disease (CKD).  
But, most don't know it.

Chronic Kidney Disease (CKD) is a “silent disease,” because most people aren't aware that they have the disease before it's too late and they have to start dialysis. Finding out that you have CKD or End-Stage Renal Disease (ESRD), which can result in dialysis, is a life-changing event. But, we're here to help.

Kidney disease is treatable, and preventable, if identified early enough. You have the opportunity to work with one of our nurses to determine if you are at risk for CKD, and how to avoid problems with your kidneys.

Our Nurse Coaches reach out to members who have been diagnosed or are at high risk for CKD or ESRD. They educate members on health conditions, such as hypertension and diabetes, which could be putting their kidneys at risk. Our Nurse Coaches specialize in kidney health, but also teach members how to improve their overall health.

This program is a part of your ASEA/AFSCME Local 52 Health Benefits Trust plan and is provided at **no cost** to you. To speak to a nurse coach about participating in this **FREE** program call **(844) 841-5065** or email us at **[mynurse@renalogic.com](mailto:mynurse@renalogic.com)**

Your participation in this program is kept completely confidential.

\* National Kidney Foundation Fast Facts, <https://www.kidney.org/news/newsroom/factsheets/FastFacts>

**2**  
leading causes  
of CKD are high  
blood pressure and  
diabetes.

**9th**  
Kidney disease is  
the 9th leading  
cause of death in  
the U.S.

**FREE**  
Our program is a  
part of your  
health benefits.



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ASEA/AFSCME Local 52  
Health Benefits Trust