

FOR MORE INFORMATION

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If you have questions about these topics...	Here's where to get information...
<ul style="list-style-type: none"> § Health Plan benefits information § Online enrollment § Forms to download § Contacting Health Trust representatives with comments and suggestions 	<p>ASEA/AFSCME LOCAL 52 HEALTH BENEFITS TRUST</p> <p>Website: www.aseahealth.org</p> <p>Email: generalmail@aseahealth.org</p>
<ul style="list-style-type: none"> § Filing benefit claims § Checking on the status of a claim § Filing appeals § Eligibility and enrollment for seasonal, deferred status and new employees § Obtaining preauthorization for travel benefits § Making a self payment § Requesting HCRA reimbursement § Changing your mail or email address 	<p>Zenith Administrators ASI (Administration Service, Inc.)</p> <p>Toll-free: 866-553-8206</p> <p>Fax: 509-323-7614</p> <p>Email: generalmail@aseahealth.org</p> <p>Mail: ASEA Health Benefits Trust PO Box 5434 Spokane WA 99205-0434</p> <p>Online Services: http://www.admin-serv.com/</p>
<ul style="list-style-type: none"> § Prescription drug benefits § Locating a network pharmacy § Using the mail order service 	<p>Caremark</p> <p>Members (toll-free): 866-818-6911</p> <p>Pharmacies (toll-free): 800-364-6331</p> <p>Website: www.caremark.com</p>
<ul style="list-style-type: none"> § Vision benefits § Filing benefits claims § Locating a vision provider 	<p>VSP</p> <p>Toll-free: 800-877-7195</p> <p>Website: www.vsp.com</p>
<p>Obtaining precertification, required for:</p> <ul style="list-style-type: none"> ○ Hospitalization / surgery ○ Most outpatient procedures ○ Confinement in a treatment or skilled nursing facility ○ Inpatient and outpatient mental health and chemical dependency treatment 	<p>Qualis Health</p> <p>Toll-free: 800-783-8606</p>
<p>PPO services within the Municipality of Anchorage</p>	<p>Alaska Regional Hospital</p> <p>Information Desk: 907-264-1175</p> <p>Website: http://www.alaskaregional.com/</p>

<p>PPO Providers:</p> <p>§ Outside the Municipality of Anchorage</p> <p>§ Outside Alaska You can also contact them by phone at.</p>	<p>Beech Street</p> <p>Toll-free: 800-233-2478</p> <p>Website: http://www.beechstreet.com/</p>
<p>§ Contacting the Employee Assistance Program, which provides confidential, free counseling and referral services</p>	<p>Magellan Behavioral Health Alaska</p> <p>Toll-free: 800-424-4147</p> <p>Website: www.magellanassist.com; enter ASEA for Organization Name</p>
<p>§ Disease Management</p> <ul style="list-style-type: none"> ○ Access health information ○ Ask a registered nurse your health questions 	<p>Matria Healthcare</p> <p>Toll-free: 877-267-5266</p> <p>Nurse Connections (toll-free): 866-676-0740</p> <p>Website: www.ecorsolutions.com</p>
<p>§ <i>HealthSmart</i></p> <ul style="list-style-type: none"> ○ Complete a Personal Wellness Profile (PWP) ○ Get health information on the Online Wellness Center 	<p>Harris Healthtrends/Healthways</p> <p>Toll-free: 877-270-3098</p> <p>Website: https://wellsuite.com/ASEA/owc/</p>
<p>Reimbursable Health Care Reimbursement Account (HCRA) expenses</p>	<p>IRS</p> <p>Publication 502: Medical and Dental Expenses</p>
<p>§ Retirement and supplemental benefits information such as</p> <ul style="list-style-type: none"> ○ Life Insurance ○ Disability ○ Dependent care reimbursement account 	<p>Alaska Department of Administration Retirement and Benefits</p> <p>Telephone: 907-465-4460</p> <p>Toll-free: 800-821-2251</p> <p>Website: http://www.state.ak.us/dr/</p>
<p>§ Legal services benefits</p> <p>§ Forms</p> <p>§ Information</p>	<p>ASEA Legal Services Trust Fund</p> <p>Telephone: 907-561-5119</p> <p>Toll-free: 800-325-6532, ext. 221</p> <p>Website: http://asealegalservices.org/</p>
<p>Union news and information</p>	<p>ASEA/AFSCME Local 52 Union</p> <p>Telephone: 907-277-5200</p> <p>Toll-free: 800-478-2732</p> <p>Website: http://www.afscmelocal52.org/</p>